

RENALITY

May 2022



Get ready
for the 2022
Dragon
Boat Race!

IN THIS ISSUE...

Good Luck Susie | Masquerade Ball | A Remarkable Dynasty

IN THIS ISSUE...

St Helier Renal Unit

- 3 Renal Unit
- 5 Epsom & St Helier Kidney Patient Research Engagement Group
- 6 What Elsa?
- 7 Goodbye and Good luck **Susie**

The Kidney Fund

- 8 Dear Kidney Fund Supporters
- 9 Renal Unit nurse runs Rome Marathon
- 9 The Kidney Fund **Masked Ball 2022**
- 10 **Pat Godden** Eulogy
- 12 Greetings Renaliteers
- 13 17th July 2022 | **Dragon Boat Race**
- 14 A Remarkable Dynasty
- 15 Asia Cup Polo
- 15 Camberley Car Show
- 16 Your Lottery Needs You
- *(And Your Friends!)*



Kidney Patient Association

- 17 A message from your Chairman
- 18 KPA Donations
- 19 Committee Members
- 20 Play Our Weekly Lottery

Renal Unit



Dr Ginny Quan Dr Fiona Harris

After a week of sun and clear skies I am writing in the cold and rain. Our tortoise, Luke, was released from hibernation two weeks ago. He absorbed just enough sun to eat a single slice of cucumber before the temperature plummeted. The final straw came when he was hit by hail – something no tortoise should have to endure. We have reluctantly had to bring him indoors during the day as re-hibernating is not a viable tortoise option. Along with Luke, Fiona and I are hoping that the change in weather will be brief and will not return the hospital and the renal unit to full on winter pressures as we continue to grapple with the additional staff shortages secondary to the high rate of COVID infection across the country.

On the bright side, there are now several drug interventions that if given early during COVID infection significantly decrease the severity of infection, the risk of hospital admission and the risk of dying from COVID. These treatments need to be given within 5 to 7 days of COVID symptoms and a positive COVID test, (from April 1st this will be a lateral flow test). The options are either an antibody infusion against COVID or a course of antiviral tablets both of which

are particularly effective in people with suppressed immune systems. The groups of people who are being offered them include everyone with a renal transplant, everyone on dialysis and the majority of those who are being treated for renal disease with immunosuppressive drugs. We are doing our best to update the list of eligible people regularly and if you fall into these groups, you should have received communication from us or your GP alerting you that

you would qualify. If you think you should have been notified and haven't been, or have any other queries around this, please contact your consultant in the renal unit. There is an enormous national effort to identify vulnerable people and offer these treatments via the local COVID medical delivery unit as soon as possible after COVID is contracted. It is wonderful that there are now options to improve outcomes and we strongly encourage you to take up one of them if you develop symptomatic COVID. You can read about the medications in more detail here; www.nhs.uk/CoronavirusTreatments

Throughout the COVID epidemic many patients in the renal unit participated in the RECOVERY trial which helped to develop treatments for anyone hospitalized with COVID. As we move out of areas of the renal unit (more about this below)

There are many many ways in which you can help **The Kidney Fund** and help ensure the future of Kidney Research. Further information on all of them can be accessed via the 'support us' page on our new website – or, if you do not have computer access and would like to know more, please do call **020 8296 3698**.

Make a **one-off donation** online, text **KIDNEY** (amount) to **70450**, or by cheque to: The Kidney Fund, Renal Unit, St Helier Hospital, Wrythe Lane, Carshalton SM5 1AA

- Create a **standing order**
- Donate via **payroll giving**
- Join our weekly **lottery** and play to win!
- Shop 'til you drop and **Give as You Live!**
- Recycle your old car at no cost via **GiveaCar**. Call them on 020 0011 1664
- Sell an item on **ebay**
- Volunteer **your time** (we can give you all sort of ideas!)
- Buy our **Christmas Cards**
- Donate **shares**
- Donate your **tax refund**

USEFUL CONTACTS:

RENAL UNIT reception: 020 8296 2283, 020 8296 3100

SWTIRR & SWTKF: 020 8296 3698
www.swtirr.org.uk

THE KIDNEY FUND: info@kidneyfund.org.uk
www.kidneyfund.org.uk

ST HELIER & SURREY KPA: Dave Spensley, Chairman 01483 426276
www.shskpa.org

The opinions and views expressed in this Newsletter are those of the individual or organisation expressing them. There can be no assumption that such views and opinions are supported by any other subscribing organisation or individual.

RENALITY is sent to all patients of the Renal and Satellite Units automatically unless they have asked not to receive it. If you do not wish to receive this newsletter, please contact Beverley Searles beverley.searles@nhs.net 0208 296 2587 and Sami Young sami.young@nhs.net 0208 296 2384.

the Clinical Trials Unit is moving into the old outpatient and home hemodialysis area. The Trials Unit is led by Dr Pauline Swift, who along with her many roles in the renal unit, is the Associate Medical Director for Research Development and Innovation across the trust. I know that along with myself and Fiona she would want to thank everyone who has participated in a clinical trial in the last few years whether COVID or non-COVID related. The accelerated speed of the COVID trials, possible both because of the large numbers of people affected and the willingness of staff and doctors to participate, has illuminated what clinical research can achieve. If you are asked to consider a clinical trial please firstly do ask as many questions as you would like and, if you are able to participate, do consider taking part. As RECOVERY shows very real benefits can occur very quickly as a result.

The current challenge for all health services is to return to normal service whilst continuing to deal with ongoing high COVID rates. In the renal unit we are doing everything we can to get back to business as usual. To illustrate this, I would like to highlight two aspects of our service which were almost completely halted and are now back to normal with some new innovations.

Firstly, renal transplantation is now working as before. We are grateful to the surgical team at George's for being

one of the first services to restart transplanting. In fact transplantation was only completely paused for three months during the epidemic and is now fully open with no restrictions on activation. So far in the first quarter of the year we have carried out 22 transplants, similar to our pre COVID transplantation rates. At St Helier we now run an early morning, twice weekly clinic specifically to review patients in their first three months post-transplant. This was mainly to assist patients in isolating as much as possible when their immune systems were most suppressed, but it has also conferred other advantages. The clinics have enabled us to concentrate our efforts at the time when adjusting immunosuppression is most complicated and has also reduced and shortened visits for patients who are not only vulnerable but recovering postoperatively. For these reasons we are continuing the clinics with many thanks to the transplant nurses and medical staff who have changed their working pattern to accommodate them. We have noticed that we have had less enquiries about kidney donation recently and are in the process of restarting our transplant education evenings both in person and online so if you are considering donating a kidney, please do get in touch through one of the renal consultants or nurses or with the renal transplant team. You can contact the transplant team on

0208 2964521 or **est-tr.txnurse@nhs.net**.

Formation of vascular access (fistulas) to enable hemodialysis also took a knock with the cancellation of many routine surgical lists. These lists are now up and running, however an innovation led by Dr Subash Somalanka has also taken flight. This is the use of the EndoAVF System to create a fistula for haemodialysis access by interventional radiologists without the need for any surgical operation. The system uses magnets inserted into an artery and vein and radio-frequency energy to form a connection between two blood vessels. The project has involved collaboration between our vascular access team led by Andrea Whitmore, our surgical team, our nephrologists specialising in intervention and of course the interventional radiologists Dr Khosla and Dr Hawthorn. So far 4 patients have had the procedure carried out.

Since Fiona and I took over writing this article we have regularly predicted that before the next edition of *Renality* the renal inpatient beds would have moved from the ancient wards at the back of the hospital into the main hospital building. Thankfully I can report that four weeks ago stage 1 of the move happened. Beacon ward, the renal ward with poorest environment now stands empty and we have moved the first cohort of renal patients up to A6 and B6 ward. Over the next couple of months, the remainder

of the renal inpatients should join them on the 6th floor. It has been challenging to have to split our medical and nursing staff between the two areas -however a relief to know that we are on our way to caring for patients in a more suitable environment. It is also a relief for Fiona and me not to receive the weekly structural survey report around beacon ward indicating whether it was safe (or not) for us to continue to use it. Whatever I expected when I took over the clinical director role reading weekly reports around the possibility of

subsidence was not on the list! The effort from all staff, nursing, maintenance medical and domestic has been enormous as the move occurred almost overnight. Thank you to everyone who has played a role in achieving this and to the patients who were unfortunate enough to be in the ward on the moving day and helped it all go smoothly. While this has been going on, G block has been undergoing a makeover. Once that is complete, we will move our outpatients from the Davis Unit back into new improved G

block and gain back two rooms in the process. CAPD will also move into a new home there and finally the old Harry Secombe Ward will be turned into a new Renal Day Unit and Home Hemodialysis area.

I would that hope long before the October issue of *Renality* emerges, Luke the tortoise will have enjoyed many hot sunny days, all these moves will have been completed, and we will be enjoying a period of relative calm... but then again!

Ginny and Fiona

Epsom & St Helier Kidney Patient Research Engagement Group

Epsom & St Helier University Hospitals Kidney Unit is setting up a group that will be involved in discussions about kidney research proposals and activities in the Unit. We are looking for individuals interested in research and improving the lives of those living with kidney disease to join our group. We are not asking you to be volunteers for any research trials, just for you to be part of an engagement group with some of our research teams.

We believe patient involvement and engagement in research should be a core part of all research projects. Patients offer invaluable insights from their experiences

of living with a particular condition and using health services. Involving patients in all aspects of the research process leads to the generation of more meaningful research questions, higher quality research outputs and improved accessibility of study findings to the public and patients.

We hope that setting up this group will enable us to promote patient involvement and engagement in all kidney research projects at Epsom & St Helier University Hospitals. We envisage the group will meet every 2 months (either remotely or in person) for an hour to discuss future and ongoing kidney research projects at Epsom & St Helier

University Hospitals. The aim is to involve this group in all aspects of the research process including the identification of research priorities, reviewing study design and methods, the development of patient information and dissemination of study findings to patients and the public.

If you are interested in becoming a part of this exciting new group, please email **Dr Anna Forbes** (Research Fellow & Kidney Registrar, St Helier Hospital) & **Dr Pauline Swift** (Head of Research & Consultant Kidney Doctor, St Helier Hospital) at esth.kpreengagementgroup@nhs.net.



What Elsa?

Tales from the Doghouse

Spring is in the air. The alpha male is no longer complaining about having to wear a mask (*though everyone I bark with think he looked better with it on*). The alpha female has just celebrated a big birthday (*over 500 in dog years – I must say, unlike him, she looks remarkably well for it*). The grass is green (*except where I have made my contributions*). And the senior and junior pups have both been on holiday for the first time in nearly two years. All is – *on the surface* – good!

Barking Mad

I normally to stay relatively neutral in matters political, but must make a few woofs about the situation in Ukraine. By the time you read this, things will have evolved considerably, for better or worse. I can only hope for the better.

The subtitle of this section

refers both to the actions and leadership of the Russian leadership, but also my reaction to it. We can only hope that everyone comes to their senses and that peace and order are rapidly restored.

New Additions to the Kennel Complex

It is hard to write in jest when

such terrible events are playing out.

We have recently been joined by three new friends who have made the difficult decision to come to the UK. It is our pleasure to offer them a roof over their head and support in starting a new life.

We know that many others are doing whatever they can to help. Our kennel complex is overflowing with gifts of toys and clothing, and – most of all – friendship. We are so privileged to live in a free and fair society. In turn, it is our privilege to do what we can to help those less fortunate. Cats and squirrels excepted.

As for me, I am enjoying the extra company. I have never been stroked so often. After a slightly tense incident when I had to make it plain I wasn't prepared to share my food, my bones have been left alone. The only issue is that the very junior pup hasn't yet been well trained. He doesn't wear a collar, and sometimes won't even sit when told. Although I have no trouble communicating with him, the alpha male looks to be somewhat at sea. Perhaps he needs retraining in puppy care!

Woof Woof!

Elsa x

Goodbye and Good luck Susie

Susie Mallinder will be retiring in June this year after 35 years in the NHS.



Over the last 17 years, Susie has progressed through the Renal Unit, starting as a Haemodialysis Coordinator progressing to Lead Nurse and then as the Divisional Director of Nursing for Renal.

Susie started her nursing career at St Bartholomew's Hospital in the city of London (Barts) as a student nurse in 1984 qualifying as a Registered Nurse in 1987 and then worked as a Registered Nurse for a year on a female surgical and gynaecological ward at the Homerton hospital in Hackney.

Susie's interest in renal medicine started in 1988 when she joined the renal unit at the Royal London Hospital.

Susie went on to undertake and attain other qualifications in nursing and management in her pursuit to develop her career and move on to senior management position. She progressed to a G grade manager's role.

At this point Jonathan Quan, a former Medical Director of the St Helier renal unit (with whom Susie had worked with at the Royal London Hospital) contacted Susie and invited her to apply for Haemodialysis Coordinator role (a newly funded position in response to the increasing number of haemodialysis satellite units).

During her time in the renal unit, the service has grown massively, not only at St Helier but also with increasing patient numbers in the satellite units to the extent that there are now seven satellite units within the renal unit remit.

Her management role has grown and evolved as the renal unit has also grown and evolved with several changes in her job title with the arrival of every new Chief Nurse.

It has to be acknowledged that a management role is not always

popular and difficult decisions often have to be made.

To quote as attributed to the poet John Lydgate and later adapted by President Lincoln: *"You can please some of the people all of the time, you can please all of the people some of the time, but you cannot please all of the people all of the time."*

We will miss Susie's enthusiasm, dedication and resilience and particularly her (old school and let's get on with it attitude) that always achieves a result and that she has never forgotten what it is like to be on the front line in nursing.

Heartfelt thanks from all of us in the unit.

It has been my very great pleasure and privilege to write this tribute to Susie.

Juliana Egbe
April 2022



Dear Kidney Fund Supporters



Tempus fugit, but where does it go? We're already 4 months into the year, and 2020 and 2021 seem to have just come and gone in a blur of lockdowns, quarantine and vaccines. Hopefully we are coming out the other end and that light at the end of the tunnel isn't an oncoming train.

The Kidney Fund, like most charities, has gone through very difficult times with regards to fund-raising activities these last 2 years, but thanks to a couple of generous bequests, things are looking very much brighter. We are particularly grateful for the legacies from **Beryl Jones** and **Roger Bloom**.

I would like to acknowledge **Graham Morrow**. He has been the Treasurer of the Frimley and Guildford branch of the Kidney Fund, but because of a lack of members and the lack of fund-raising opportunities especially in the last few years, Graham has had to with a heavy heart, wind things up. Thanks for everything you and your family have done for the Kidney Fund over very many years, Graham. I hope we will see the Frimley and Guildford branch, like the Phoenix, rise again.

Rome, we are told, wasn't built in a day, but **Jomar**, one of the Renal nurses, took on the Rome marathon and ran it in much less than a day (less than 5 hours), to raise funds for us. I would have been happy for him to put his feet up for a few days after that, but no, he was straight back on the wards looking after patients. Thank you again, Jomar for your efforts.

We received the sad news that **Pat Godden** passed away last month. Pat was one of the founder members of the Kidney Fund and served for

many years as the Secretary. Dr Mike Bending will be saying quite a bit more about Pat. I, for one, will miss her keen wit and sense of humour.

Looking ahead to the rest of 2022, the indefatigable **Robin Ford**, our Fund-raising Chairman has quite a few events lined up, some of which are publicised in this edition of *Renality*. Where Robin gets his energy from remains a mystery, but it is clear he can't do the fund-raising alone and would be grateful for anyone with a bit of spare time to contact him to see how they can help.

What with the strange goings on in the world at present... Russia, Ukraine, the rising cost of living, etc, it would be understandable if people felt over-stretched and that they do not have the time or the means, but you continue to remain generous to us and on behalf of the Trustees, I would like to thank you all again for everything you do to help us as we seek to promote education and research into kidney disease.

Dr David Makanjola



Renal Unit nurse Jomar Alex flew the flag for The Kidney Fund on the 27th of March at this year's Rome Marathon - *"The Most Beautiful Marathon in the World"*. In a magnificent time of **4 hours and 4 minutes!** Many thanks, Jomar. Any belated donations in support of Jomar's efforts can be made to The Kidney Fund.



THE MASQUERADE

The Kidney Fund Masked Ball - A truly prestigious occasion to grace your social calendar at The RAC Club Woodcote Park, Epsom, KT18 7EW on Saturday 10th September 2022



6.30pm start
12.30am carriages

In aid of The Kidney Fund (based at St Helier Hospital)
Featuring music and entertainment
Including welcome drinks plus wines on the table to start and a three course meal with petits fours and coffee or tea.
Call 07785 352594 to join us at this prestigious event



Black tie
£110 per person

Pat Godden Eulogy

In Memory: Patricia (Pat) Joyce Godden, 1936 – 2022

Pat was born in the West Midlands. She left school at 15 and trained as a super-efficient Secretary and Personal Assistant.

After some years working for ICI, she signed up to the £ 10 Pom scheme, a passage by boat around Cape Horn, to live and work in New Zealand. After two years she moved on to Melbourne, Australia before returning to England three years later.

This is where her next chapter began, renting a flat in New

Row, Covent Garden above a greengrocer. Pat had a love of clothes and fashion, and she landed her dream job with the Clothing Institute. She found herself working as Personal Assistant to the Director and Company Secretary, Rowland William James Godden.

Pat and Rowland married in 1968 in St Martin in the Fields. Rowland, always known to all as Roy, flourished in “The Rag Trade” and he set up groundbreaking schemes including prestigious apprenticeships.



All of us who got to know Pat's remarkable drive, suspect that she played a major role in his work that led to Roy being appointed OBE.

With the birth of her two sons, Pat set up her own 'CV' writing business and then worked for an adventure travel company called 'Interchange' where she took groups around the world as their 'tour guide' including Russia, Egypt and Eastern Europe.

We first met Pat as a patient on the Renal Unit at St Helier in the early 1980's. She was desperately sick with kidney failure at that time but following a highly successful kidney transplant in 1984 she began to organise us all in the Kidney Research world.

Pat and Roy were two of the





leading players, along with Richard and Carol Sammons to fulfil my dream of raising the funds to build our “State of the Art” Research Institute, finally opened in 1998.

Pat continued to serve as Hon. Secretary to The South West Thames Kidney (Research) Fund for nearly thirty years. Pat was the sort of person who turned every life event, good or bad, to the benefit of others around her.

Pat survived, for nearly forty years after her kidney transplant operation and died at the ripe old age of 86 earlier this year. She remains an inspiration to us all. Could you follow the example set by Pat?

The continuing Research Program at St Helier is always looking for supporters to continue the work she inspired.

Dr Michael Bending



Greetings Renaliteers,

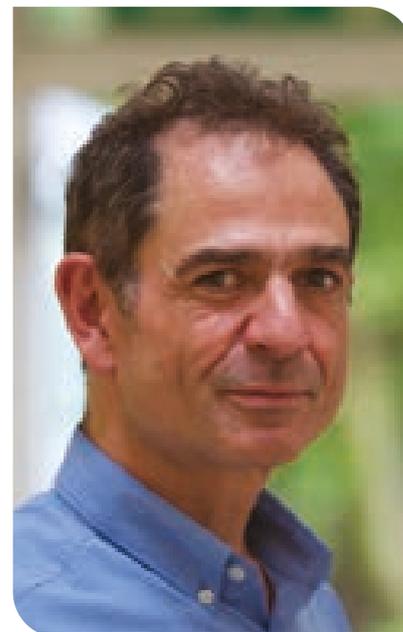
I hope that spring and the waning threat of the Covid pandemic (hopefully) are bringing a little brightness to you all. There certainly seems to be so many things to worry about, it's nice to find some little chinks of hope on the horizon.

As usual, I have so much I want to share with you, I could probably fill this whole edition of *Renality*. But fear not, I know many find "less is more" when it comes to me blathering on about science.

But I have to tell you about the **ERCSG meeting** I've just returned from. First, I should say that the ERCSG is the European Renal Cell Study Group, a group set up 34 years ago in the UK, Wales to be precise. There has been a meeting every year apart from 2020. The meetings are fairly small, with around 80 kidney researchers; clinicians and scientists. We get together for a long weekend (I left home at 4.30am Thursday and returned at 10.30pm Sunday) to discuss the newest research going on in Europe. We usually find a venue that is a little isolated and we all stay at the same hotel eating and socialising together with talks and presentations from 8 in the morning to 7.30 in the evening. It can be a bit intense but it's very useful for sharing ideas. This year I had the honour of being invited to give a talk. The honour was mine

but it was really due to all the people from SWTIRR, including **Dr Somalanka, Dr Jain and Dr Winn**, who have attended these meetings representing us over the years; building our reputation as a centre of excellence. In my talk, I told them a little about the work we do, trying to find better markers to identify and categorise kidney disease earlier and better. **Dr Phanish** published a paper on some of this work last year, so I told them about that and some of the related, unpublished, data. I also gave them a little taste of the project on COVID and the kidney that Sarah is leading in the Institute, funded by Mrs Mahtani in memory of her husband Deepak. I didn't say too much about that because the work's still ongoing and we're trying to keep it a bit hush-hush till we get some more results, so don't tell anyone but it's looking very interesting.

There were a lot of really interesting presentations. There were two talks about possible mechanisms of kidney regeneration, one from Italy



Dr Mark Dockrell

and the other from Israel. The two groups are taking different approaches, and only time will tell which, if either, is right. The good thing about this meeting is that we can ask questions, challenge the speakers and learn from each other. **Professor Roel Goldschmedding** from Utrecht talked about some new data he had about possible ways acute kidney injury can lead to chronic kidney disease in the elderly. And **Professor Moin Saleem** from the Bristol Renal Team, another group we've worked with, talked about one of the most exciting developments in renal medicine for a number of years. Moin, a softly spoken "North London boy" who trained at Great Ormond Street, has received £45 million from Syncona Ltd to develop a gene therapy based on his recent research findings. The very fact that Syncona has made such an investment suggests we could be within sight of a new era in treatments for kidney disease.

It's understandable with all the things going on in the world today to wonder whether anybody cares about our problems. I can say categorically, that there are pathologists, nephrologists and molecular biologists from Germany, The Netherlands, France, Italy and

the UK who are dedicated to building a better future for people with kidney disease.

You probably know that I can't finish a *Renality* article without a quote from someone, so here's one from my own personal pantheon, "Hope is being able to

see that there is light despite all of the darkness." – Desmond Tutu.

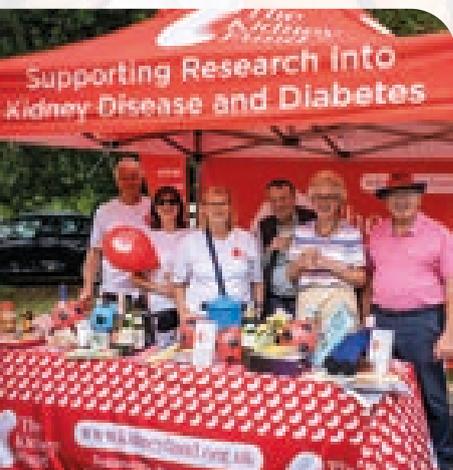
I want our research in your Institute to give you hope.

**Funding = Research
Research = Cure!**

Dr Mark Dockrell

17th July 2022 | Dragon Boat Race

It's that time of year again, when hardy competitors gather to win bragging rights on the Thames. We are still neither hardy nor competitive, but we are definitely resilient. We have been a regular item at the boat race for a few years now and have always thoroughly enjoyed it. We continue to live up to the mantra that "it's not the winning, but the taking part that counts".



Apart from the main event which is the rowing, there is usually quite a lot going on around the grounds – various stalls to look through, childrens fun fair rides, Tombola, ice cream... It is a great day out for family and friends. We will have two boats again this year and are keenly looking for between 25 and 30 people to take part. **You do not need to have been part of either the Oxford or Cambridge rowing crew to take part!** Even if you have never rowed before, there is a 10 minute training session, which will bring you up to the level of most of the people rowing on the day...!? We are looking to raise funds to support research at the South West Thames Institute for Renal Research and are hoping that participants will be able to raise at least £100 each, but any sponsorship you can raise will be very welcome. We would also be grateful for donations of prizes for the Tombola.

Once again, it is: THE DRAGON BOAT RACE Date: Sunday 17th of July 2022 Venue: Canbury Gardens, Lower Ham Road, Kingston KT2 5AU For further details if you would like to take part in the rowing, or help with running the Kidney Fund stall, or just come to support us, please contact: Gemma on 0208 296 3698, or email gemma@kidneyfund.org.uk We look forward to seeing you there!

PLEASE JOIN US!

A REMARKABLE



Dr (Nino) William Rogers, Founding Nephrologist, St Helier Hospital. d. circa 1996

Lord (Richard) Rogers, 1933 – 2021, for nearly 40 years, Patron of SWTK Research Fund

The Rogers family, headed by a British Dental Surgeon, emigrated to Florence in Tuscany in 1800.

William, as a first-generation Italian, qualified as a Physician in Italy. He married Dada, related to a family of architects from Trieste.

He returned to England with his wife and young family in 1939, just in time to escape the World War.

Dr Rogers had to re-qualify as a Physician in the UK and then he was appointed to a few sessions at St Helier Hospital. In 1964 at the age of 61 he persuaded the Carshalton Rotary Club to purchase two kidney dialysis machines. His objective was to treat patients suffering from drug overdose. All of this was only five years after the first chronic dialysis program in Seattle, Washington State. His reputation amongst London Physicians grew and when he retired, he left eight patients who required life-long

dialysis treatment. This was the establishment of life-saving dialysis treatment in an otherwise undistinguished District Hospital in South London.

William's son, Richard, was not appreciated at school, his career master suggested a job in the South African Police!

Richard was sent to a distant architectural relative in Trieste. This must have inspired his life's work. On joining the Architectural Association in London he was an enthusiastic, if inconsistent student. A tutor described his work as "*chaotic and inarticulate*".

When Richard won a Fulbright scholarship to Yale, he met up with Norman Foster, a fellow student.

Richard had ideas of building houses as a space for living. After ten lean years he entered a competition in Paris to build a new multidisciplinary culture Centre. His assistant was a young Italian Architect, Renzo Piano. To everyone's surprise they were successfully appointed to design the **Pompidou Centre**. Renzo Piano went on to design the **Shard** in London some 30 years later.

This project established reput-



BLE DYNASTY

ation as a trend setter. Work followed on **Lloyd's of London**, the **Cheesegrater** in Leadenhall Street, the **Millenium Dome** and **Terminal 5** at Heathrow.

Richard Rogers crossed swords with the Prince of Wales on a number of occasions. The one future visionary, the other custodian of the classical past. The Socialist Lord of the Realm vehemently opposed the interference of Royal Privilege.

Throughout his rise as International Architect, adviser on urban development to Tony Blair's government and elevation to the House of Lords, Richard Rogers continued to support The Kidney Research Fund at

Lloyds of London



St Helier. He and his wife Ruth, hosted two memorable fund raising extravaganzas in the House of Lords.

RR died of old age, in his own home, at the age of 88, at the

end of 2021.

The Kidney community in South London owe so much to this remarkable father and son.

Dr Michael Bending

Asia Cup Polo Friday 1 July 2022

For more details contact Robin Ford on 07785 352594



It's on **Saturday 13th August 2022** from 9am – 4pm.

Supporting the Kidney Fund once again in the centre of Camberley Town, Camberley, Surrey. See the **Kidney Fund** website for further details.

Your Lottery Needs You - (And Your Friends!)

I hope you are all well and haven't suffered too badly with this horrible Covid disease which is currently laying me low?

I would love to report that our lottery is flourishing but while we are still generating good sums for The Kidney Fund and paying out a nice weekly winners cheque, the numbers are reducing a little bit as you can see from the winners list shown.

I know that times are difficult for many of us, and certainly wouldn't ask anyone to stretch themselves beyond what they can reasonably afford, but these funds do help towards the

much needed research carried out on our behalf.

Every **£1.00** weekly entry gives **50p in winnings** and, more importantly, **50p to research** - you can have multiple entries if you wish.

If any of you that have not kept your subscription going would like to rejoin us then do let me know by emailing me **lottery@kidneyfund.org.uk** so we can sort out your renewal or just complete the form on the back page and send it to me.

Should anyone wish to join us and has access to online banking then email me at the same address and I will let

you have the details to set up a subscription, alternatively complete the mandate on the back page and send it to me.

Don't forget to ask your family and friends to see if they also would like to join, there's no limit on the number of entries anyone is allowed!!

The figures to date are that we have been able to give over **£90,000.00** to The Kidney Fund and have paid out over **£82,000.00** in winnings since we started in July 2010 - so all those £1.00's do add up!

Please come and join our little group and invite as many others as you can, together we can help to make a difference.

Best wishes to you all and please stay as healthy as you can.

Steven Clark

02/04/2021	101130	Ash	£155.50	24/09/2021	101132	Addiscombe	£144.00
09/04/2021	101171	Crawley	£155.50	01/10/2021	101271	Shamley Green	£143.50
16/04/2021	101224	Carshalton	£155.50	08/10/2021	101255	Woking	£143.50
23/04/2021	101249	Chertsey	£153.00	15/10/2021	101233	Elstead	£143.50
30/04/2021	101082	Ashtead	£153.00	22/10/2021	101053	Cheam	£143.00
07/05/2021	101012	Farnborough	£151.00	29/10/2021	101108	South Croydon	£142.50
14/05/2021	101076	Kenley	£149.50	05/11/2021	101223	Crowthorne	£142.00
21/05/2021	101068	Horley	£149.50	12/11/2021	101043	Aldershot	£141.50
28/05/2021	101002	Carshalton	£149.50	19/11/2021	101210	Oxted	£141.50
04/06/2021	101261	Purley	£149.50	26/11/2021	101008	Addlestone	£141.50
11/06/2021	101103	Ash	£149.50	03/12/2021	101262	Sutton	£141.50
18/06/2021	101034	Streatham	£150.00	10/12/2021	101127	Cheam	£141.00
25/06/2021	101204	Farnborough	£150.00	17/12/2021	101205	New Malden	£141.00
02/07/2021	101133	Belmont	£152.00	24/12/2021	101337	Farnborough	£141.00
09/07/2021	101239	New Malden	£151.50	31/12/2021	101209	Banstead	£141.00
16/07/2021	101201	Leatherhead	£151.50	07/01/2022	101347	Woldingham	£141.00
23/07/2021	101065	Chelmsford	£151.00	14/01/2022	101206	New Malden	£140.00
30/07/2021	101126	Morden	£150.50	21/01/2022	101189	New Haw	£140.50
06/08/2021	101055	Carshalton Beeches	£146.50	28/01/2022	101272	Loxley	£140.50
13/08/2021	101247	Chertsey	£146.00	04/02/2022	101226	Cinderford, Glous.	£139.50
20/08/2021	101187	Maidstone	£146.00	11/02/2022	101278	Weybridge	£139.00
27/08/2021	101229	Purley	£145.00	18/02/2022	101246	Merstham	£139.00
03/09/2021	101250	Horley	£145.00	25/02/2022	101022	Woking	£139.00
10/09/2021	101140	East Horsley	£145.00	04/03/2022	101016	Wallington	£138.00
17/09/2021	101293	Addlestone	£144.50	11/03/2022	101133	Belmont	£136.50

St Helier and Surrey Kidney Patients Association

A message from your Chairman

I hope you're all keeping well. What an unprecedented last two years we've all experienced. I finished my fourteenth and fifteenth years as Chairman and now I've started my sixteenth and nobody noticed, not even me, not bad for someone who said, "I'll do it for a maximum of 5 years". The KPA haven't met in person since January 2020, and we have kept in contact via email or phone as nobody really fancied attempting Zoom meetings.

Life seems to be getting back towards the new normal, thanks to the UK vaccine programme, we all owe a great deal to the Scientists for developing it and to the

NHS for getting it into our arms and responding in the way they have under difficult and extremely challenging conditions. There's even a 4th job coming soon.

I only visit St Helier every couple of months as there have been very few face to face meetings and when I visit the renal unit seems a very different place now without patients waiting for their clinic appointments and using the servery. Outpatients' clinic moved to the Davis unit. The KPA servery counter remains closed and it's unlikely that it will ever reopen.

The move of the renal wards to the main hospital is still proposed by the end of 2022 but no definite date has been agreed as far as the KPA is aware. I'm sure the Clinical lead and General Manager will tell us more about future plans for the renal unit and the planned merger with St Georges.



KPA News/ Committee/Patient Representatives

We have scheduled our annual **Golf Day for Friday 10th June 2022**, playing Milford Golf Course, £53 per person for the day, we currently have a couple of spaces available. If you fancy coming along just let me know.

Committee has gained one new member over the last few

years, and we have a patient keen to join us once we can get together, but it would be lovely to have every Satellite represented. We still need reps for Kingston, Epsom, Farnborough & Crawley.

Most of the present Committee have served for several years and I'm sure they won't mind me saying, but we're all getting older and it's vital to find new Committee members to ensure the continuity of the KPA, after all it's there to help us, the patients.

Ideally, we would love to have some younger Committee Members to enable us to represent the entire age range of St Helier's patients.

The position isn't onerous; circumstances permitting we normally meet once a month in the Blue Room within the Renal Unit at St Helier at 7.30 normally on the first Tuesday of the month. Members don't need to attend every meeting; reports can be submitted by email or similar, in fact, as I said earlier, we've postponed our meetings for over 2 years

and have been managing. We are considering meeting every other month.

If you can help, please contact me on **01483 426276** or email daspensley@btinternet.com.

I think that's about all I have to say.

Stay Safe.

Best Wishes,

Dave Spensley,
Hon Chairman

“Ideally, we would love to have some younger Committee Members to enable us to represent the entire age range of St Helier's patients...”

KPA Donations

St Helier and Surrey KPA would like to thank those of you who have donated to us during the period since the last *Renality*, either anonymously or without providing any details to allow acknowledgement, these donations in the region of **£900** mean a lot and enable us to carry on our work.

£900

St Helier & Surrey KPA Committee Members

2021/2022

Hon. Chairman

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Email: daspensley@btinternet.com

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Hon. Deputy Chairman

Kevin Carter

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St. Helier Patient Liaison/Stock Controller

Position Vacant

Press & Public Relations

Fay Eves

Willow Cottage, Church Street,

Rudgwick, West Sussex, RH12 3EH

Tel: 01403 822537

Email: fayeves@aol.com

Satellite Liaison – Farnborough

Position Vacant

Research Representative

Sarah-Louise Harwood

Renal Social Worker/Amenity Subcommittee

Meheret Moyo

Renal Unit, St. Helier Hospital

Tel: 0208 296 2514

Email: meheret.moyo@nhs.net

PLAY OUR WEEKLY LOTTERY

Over £75,000 raised so far for The Kidney Fund!!

50% of all money raised goes to the winner and the other 50% goes directly to The Kidney Fund



The Kidney Fund

Over £8,000 in winnings paid out in the last year!

£160 Average weekly prize*

To join the Lottery please complete the form below and return it to the address on the form.

Once received, we will contact you to let you know your unique number or numbers.

IMPORTANT please return to: The Lottery Office, c/o 10 Pelton Avenue, Belmont, Surrey, SM2 5NN

Title:	Initials:	Surname:
Address:		
Post Code:	Home Phone:	Mobile:
Email:	Add me to the Kidney Research Supporter Email Group <input type="checkbox"/>	

Please note that to save on postage we prefer to communicate by email or telephone. Please tick here if you require a letter

There are TWO ways to pay. Please choose ONE of the following:

OPTION 1 – Standing Order Mandate

Title:	Initials:	Surname:
My Bank's Name:	Branch:	Post Code:
My Account No:	Sort Code:	Date of 1st Payment:
Name:	Signed:	

Pay to: Kidney Fund Lottery **Bank:** CAF Bank Ltd, West Malling **Account No:** 00019588 **Sort Code:** 40-52-40

Monthly Payment:	<input type="text"/>	number of entries @ £4.34 per month	=	£ <input type="text"/>	& thereafter each month
Quarterly Payment:	<input type="text"/>	number of entries @ £13 per quarter	=	£ <input type="text"/>	& thereafter each month
Half-Yearly Payment:	<input type="text"/>	number of entries @ £26 per half-year	=	£ <input type="text"/>	& thereafter each month
Annual Payment:	<input type="text"/>	number of entries @ £52 per year	=	£ <input type="text"/>	& thereafter each month

OPTION 2 – Cheque Payment

Title:	Initials:	Surname:
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I wish to buy entry(s) each week for 13 weeks, 26 weeks, 52 weeks and remit a cheque for £

(each entry costs £1 per week). Please make cheques payable to: The Kidney Fund Lottery & return to the address on the form.

If you have any questions or would like more information, please call 020 8296 3968 or email: lottery@kidneyfund.org.uk

The Kidney Fund: Registered charity number: 800952

* Based on the average of the last years weekly winning prizes. The weekly prize amount is not guaranteed and is dependant on the number of entries paying into the lottery that week.