

RENALITY

March 2020



Renal Unit 50th Anniversary Party

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Meet Ciara Jones | Renal Unit 50th Anniversary Party | KPA Annual Golf Day

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Renal Unit



Dr Ginny Quan Dr Fiona Harris

As the last *Renality* went to press the Renal Unit was about to celebrate 50 years of kidney medicine at St Helier – I am sure that photographs of both the staff event – complete with Dialysis Machine Birthday Cake, and of the 50th event within the renal unit will appear later in this edition. A couple of moments stick firmly in both our minds – the first is the picture of three true stalwarts of the Renal Unit Drs Eisinger, Bending and Kwan underneath the 50 year banner. The second is of Daniel Elkeles' face as he wondered if he would really be able to try all 20 cakes at the bake off. The 50th celebrations were supported by funding from the Kidney Patient's Association – we are incredibly grateful for this and for all the other support they provide. Most recently we have asked for their help in purchasing monitors and specialized oxygen equipment. We are hoping to be able to cohort some of the sickest renal inpatients together so we can provide increased care and use this equipment for them if needed – we are aiming for this initiative to start in April/May time.

The unit continues to grow – at the start of February we welcomed Dr Louise Ross – previously a registrar in the unit, who has been appointed to a consultant post working between St Helier and Frimley Park. This brings the total

number of consultants working within the unit to 24, although some of us work in other disciplines as well – either acute medicine or ITU – and of course most of us spend between 1 and 3 days providing renal services in other hospitals. The consultant

offices in the portacabin behind Beacon Ward are increasingly squashed and that's without the addition of the squirrels – before Christmas I opened my office door to find one sitting on my desk eating my mini walnut whip. Not satisfied with that however an even bolder squirrel managed to get into Becky Suckling's office and make off with her lunch. Excluding the squirrels, we all have specialized interests and roles within the renal services. So, as well as working within the renal service at Frimley, Dr Ross will be running Peritoneal Dialysis (PD) clinics here at St Helier. She will support Dr Sood and Dr Somalanka in inserting PD catheters with the long-term aim of being able to offer some peritoneal dialysis services more locally to Frimley. Having the ability to insert PD catheters without general anesthetic has helped us to develop a responsive service and enables people who need to start dialysis

There are many many ways in which you can help **The Kidney Fund** and help ensure the future of Kidney Research. Further information on all of them can be accessed via the 'support us' page on our new website – or, if you do not have computer access and would like to know more, please do call **020 8296 3698**.

Make a **one-off donation** online, by text to SWKF22E_ to 70070, or by cheque to: SWTKF, Renal Unit, St Helier Hospital, Wrythe Lane, Carshalton SM5 1AA

- Create a **standing order**
- Donate via **payroll giving**
- Join our weekly **lottery** and play to win!
- Shop 'til you drop and **Give as You Live!**
- Recycle your old car at no cost via **GiveaCar**. Call them on 020 0011 1664
- Sell an item on **ebay**
- Volunteer **your time** (we can give you all sort of ideas!)
- Buy our **Christmas Cards**
- Donate **shares**
- Donate your **tax refund**

USEFUL CONTACTS:

RENAL UNIT reception: 020 8296 2283, 020 8296 3100

SWTIRR & SWTKF: 020 8296 3698
www.swtirr.org.uk

THE KIDNEY FUND: info@kidneyfund.org.uk
www.kidneyfund.org.uk

ST HELIER & SURREY KPA: Dave Spensley, Chairman 01483 426276
www.shskpa.org

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RENALITY is sent to all patients of the Renal and Satellite Units automatically unless they have asked not to receive it. If you do not wish to receive this newsletter, please contact Beverley Searles beverley.searles@nhs.net 0208 296 2587 and Sami Young sami.young@nhs.net 0208 296 2384.

quickly to start with Peritoneal Dialysis if they choose to do so.

Many of the dialysis satellite units were set up several years ago and we are in the process of retendering for these units to be provided, however the landlord at the Purley unit no longer wants to continue to rent the building to our partners. We have therefore had to take the difficult decision to move patients from Purley to either Epsom or Sutton satellite units until we can find a suitable venue in Purley to provide dialysis there. We really appreciate how difficult this is for some patients and apologies if you have been affected by this, but we have no option to stay in the current building. On a more positive note we are finally moving forward on building the new dialysis unit at Croydon, and as of this month work has started on removing asbestos with the intention to start building works at the

beginning of March. I wish I could give a similar definite answer to when and where Beacon ward will move to but that is still under discussion, however unlike the consultant portacabin it has not as yet been invaded by squirrels. As well as the inpatient beds the renal day unit is now sited in Beacon, with an ever-increasing throughput. We feel this has improved the way we work and it has had fantastic feedback from patients using it-if you have needed to use it and do have any comments please let us know

Returning to the 50th celebration on November 22nd, even more memorable that the bake off was the set of 8 talks compèred by David Makanjuola in a 90 minute run detailing many of the pathways that patients and staff are involved in throughout the unit. It started with a talk on research from one of the PhD students in the institute. Under the coordination of Dr Pauline

Swift there is an enormous amount of clinical research and involvement in clinical trials that goes on within the unit. There is also more basic scientific research looking at the causes of kidney damage going on in the institute led by Dr Mark Dockrell. Xinlu's talk described how basic research can cross the lab to ward interface and translate into patient benefit. The program finished with ten minute snapshots of the different modes of dialysis and transplantation and how those pathways have been navigated by 3 patients and their families. It really brought home the number of interactions that are vital to run the unit and how patients and staff can work together to achieve better results. As ever we are always happy to be contacted if you have any comments about how things could be improved or what works well.

Ginny and Fiona

This is from all the staff from the Renal unit to say **A BIG THANK YOU** to the **KPA** for providing mince pies, cakes, refreshment and other goodies during the Christmas festivities for all the renal patients.



My name is Ciara



I am the new Divisional Director of Operations for Epsom and St Helier Renal services. I joined the NHS in 2007 as a graduate management trainee and have worked in hospitals since then. I have worked at Epsom and St Helier for the last five years, in a number of roles. During that time, I have worked closely with the renal team – including on the development of the inpatient service at Frimley Park Hospital. When the chance arose to manage the renal service, I was delighted to be given the opportunity.

I live in Wallington with my husband and two young children. Between work and family life I am usually kept very busy, but in a quiet moment I enjoy knitting and embroidery and I am learning to sew (very slowly!).

It has been a whirlwind few months for me since starting in November and I thought I would share my observations of our renal services as a newcomer, and my priorities for the coming months and years.

It's clear that estates are a huge problem for us at St Helier. We have a really dedicated clinical team who provide services in completely substandard environments. We are working on a plan to redevelop the renal unit at St Helier but we know that will take months or even years to come to fruition. That doesn't mean we can't make improvements in the meantime, and we are working

on developing a new therapy room for our inpatients, as well as creating an additional room in outpatients and making some improvements to the waiting situation for phlebotomy.

The dialysis unit at the front of St Helier hospital is a great reminder of how much better our environment can be, and we are currently in the process to award to new suppliers to have our other dialysis units rebuilt or refurbished. This will be a phased approach and as soon as we have more information about each unit, we'll update you.

Patients who dialyse at Purley will know that we have had to temporarily close the unit there, and our priority will be to get a new Purley unit back up and running as soon as possible.

Along with our Head of Nursing, Susie, I went out to Purley for a couple of days in January to talk to our patients about the changes we were making. Although I was bringing such disappointing news, it was helpful for me to talk to so many of our patients about their views on our service. I would like to be able to talk to more of you, more often. I know that being on dialysis is already a big part of your daily life, but if anyone reading this feels they can give any time to being part of a lunchtime meet-up from time to time and talk about how we could improve services and to provide views on specific issues, please pop in and see me in the corridor at St Helier or drop me an email

on Ciara.jones@nhs.net. I don't have a phone yet but if you want to phone, you can call Rebecca Roffey on **020 8296 2627** to express an interest.

Something else that I already knew but which was underlined for me while I was at Purley, was that transport can be a big problem for some of you. Our transport team have made a significant investment and have been working on improvements but if it still is not working for all of you, we need to know. We'll be setting up a new way to report transport issues in the next couple of months and will be advertising it in our dialysis units, so please do keep an eye out.

We have recently made some changes to the way *Renality* is distributed due to data protection regulations and some people may not have received a copy who usually do (as you need to opt in). You can call Rebecca to let her know if you would like to receive a copy of *Renality* and you don't currently, and she can add you to the 'opt in' list. You can also receive a copy electronically, so if you are trying to reduce your environmental footprint, please let us know and we can arrange this.

I'm sure that this doesn't cover all of what we need to do, but we will continue to be focused on making improvements and I look forward to getting to know many of you more over the coming months and hearing from you about what really matters to you.

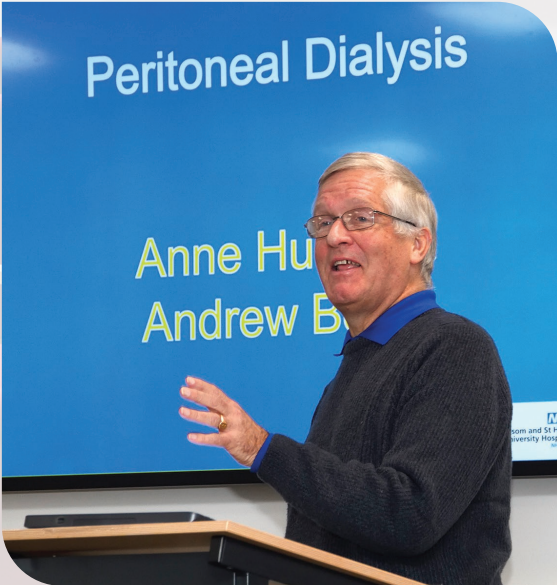
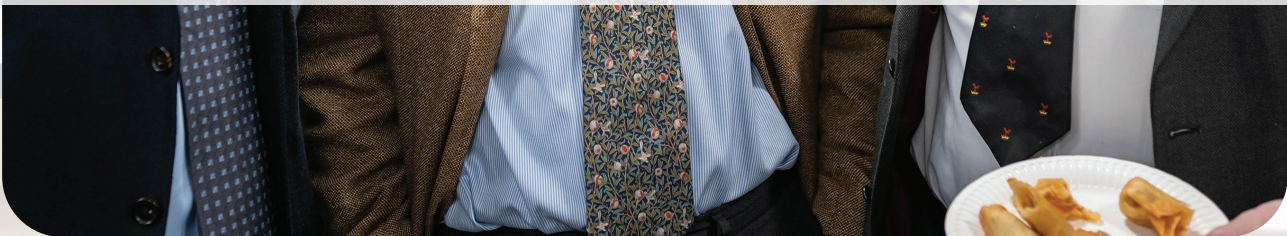


RENAL UNIT 50TH ANNIVERSARY





ANNIVERSARY PARTY





What Elsa?

Tales from the Doghouse

Christmas has come and gone again, which is a shame as I always seem to do quite well from all the leftovers, and I get lots of attention from the many visitors to our kennel complex.

This year was especially good in some ways, in that I had a wonderful treat on Christmas Day. For the first time in three months (*that's nearly two dog years*), I was allowed off my lead for the morning walk. I think that means my surgery has been completely successful. Oh how I ran! Oh how those pesky squirrels and foxes are in for a surprise!

Christmas was notable for two other reasons. First, I was very surprised by the alpha female's

reaction to the lovely present I bought her. It was more like Crossmas. I chose a beautiful new kettle which changes colour when it heats up. But I hardly got any thanks for it. Apparently, the alpha female has a rule that she is not allowed to be given anything with a plug attached. Well how is a dog – even one as intelligent as me – supposed to know that?!

Anyway, it was the alpha female's birthday a few days later. I'm afraid I got a bit confused, and very kindly bought her... a plug! I think she quite liked it, and it was beautifully wrapped, but I did spend a very long time playing in the garden by myself that afternoon...

This edition's photo shows me getting into the Christmas spirit, opening my cracker. Instead of a silly hat, it contained a dog biscuit. The alpha male is so, so clever...

Just before you read this, it will be my seventh birthday. That's about 42 in human years. Doesn't time fly? Any presents can be left at the Renal Reception. (*The alpha male says I shouldn't write this, but you never know!*)

Speaking of birthdays, I thought you might like to see the card I bought for the alpha female for her recent birthday. I am apparently not allowed to tell you how old she is, but all I can say is that I ran out of paws counting! The card reminded me of what a good guard dog I am, though I never get thanked for it when I scare the naughty foxes away in the early hours of the morning.

Hope you are all well and looking forward to the joys of Spring. Who isn't?

Woof woof!

Elsa xxx



Dear Kidney Fund Supporters



Very belated happy new year. Time has flown by. Since the last edition of Renality, we have had a General election, significant changes on the political scene and a formal break up from Europe. Closer to home, the Kidney Fund AGM was held in October. A few people were attending for the first time. It was great to see them and we are hoping that the turnout continues to increase.

Sarwat Ahmad, who has been with us for a few years now, will unfortunately be leaving. It is, I am assured, to greener pastures and we wish her all the best in her new undertakings. We are looking for someone to take on some of what Sarwat has

been doing for the Kidney Fund and by the time the next edition is due, I hope to be able to introduce the new appointee to you.

It goes without saying that these are difficult times financially, but I continue to be impressed with the kindness people show to help our fund-raising efforts. The indefatigable Robin Ford chairs the Fund raising committee and he would be grateful for more volunteers. If you feel this is something you may be able to help with, please let us know.

Our website needs to catch up with the times and Anita, our Secretary, as well as a new Trustee, Mr Jamil Hossain, have been spending a lot of time on revamping it. We hope in the next few months, you will find that it is not only fit for purpose, but also a major tool for getting people to interact with us.

In the next few months, the 'calendar' includes World Kidney day on Thursday the 12th of March, the

Kidney Fund Ball at the RAC in Epsom on Saturday the 14th of March, the Kingston Dragon Boat race on Sunday the 19th of July, the Camberley car show, as well as quite a few other initiatives which may be local to you. We will advertise them on the website.

Once again, I would like to thank you for all the support you provide. It is a great help in our bid to educate and inform people with a view to increasing the awareness of kidney disease, and as we support research, to help in the wider efforts to either prevent, or find cures for different kinds of kidney disease.

Dr David Makanjuola

“...I continue to be impressed with the kindness people show to help our fund-raising efforts...”

“Every day is a **fresh beginning**; Take heart with the day, and **begin again**.”

And if this is true of a new day, then oh so much more of a new year. Happy 2020 to all you Renaliteers.

2020, is that a new decade? I've heard some debate, apparently there is an opinion that we should wait another 12 months to celebrate the new decade. Whether that's true or not I would like to share with you what may be a new direction for your research here at SWTIRR.

Those of you who saw the splendid June edition of *Renality* may remember me in introducing you to the current Kidney Fund Clinical

Research Fellow, Dr Giulio Podda. There were a couple of projects that I had in mind for Giulio but I thought it might be a good idea to hear what Giulio might want to do. After some discussion and thinking, we started to hatch a plan to initiate a project on acute kidney injury, AKI.

Some of you might think that a little curious, after all, the Institute has always had a strong focus on chronic kidney disease, CKD. I know that I don't

have to explain to Renaliteers the difference between these two forms of kidney disease but just in case there are less well informed individuals sneaking a peak indulge me a little. Traditionally we think of AKI as an abrupt event when your kidneys suddenly stop

working properly. This can be caused by a variety of things such as an infection or a bad reaction to certain drugs. CKD on the other hand, as most of you know, is a long term condition that can get worse over time

and eventually may result as complete kidney failure. So, AKI and CKD are quite different and never the twain shall meet. Well, that's what we used to think. As it turns out things are not quite so simple. A significant number of people who suffer an AKI go on to develop CKD, this is only minority of people, about 1 in 5, but significant none the less. And people with CKD are more susceptible to AKI. So, you can see that Giulio's interests are not so far from our own.



Dr Giulio Podda



Dr Mark Dockrell

There are other people studying AKI but they tend to use animal models. Some of you may know that, in general, I prefer to use human cells to study human disease. In addition, Giulio points out there are many significant differences between mice and men, some of which are highly relevant in AKI. So, we have started a novel approach setting up models of AKI using human cells in the lab. It's always difficult starting something new but we won't find new answers if we don't ask new questions. Through some hard work and harder thinking we've made some real progress. We have put together a collaboration between ourselves, our renal consultant Dr Joe Wang, Dr Simon Winn the St Helier Acute Medicine lead and Professor Lui Forni from the University

of Surrey and have applied to Kidney Research UK for a fellowship for Giulio to continue this work. Keep your fingers crossed for us.

Of course, starting a new project doesn't mean we've stopped the rest of our work. Pritpal Virdee has found some time in his busy clinical schedule to come back to the lab to continue his work on a new therapy for kidney fibrosis. Sarah is still working on the K-cad test for early diagnosis of diabetic kidney disease. Ekram is analysing samples from the transplant patients who were involved in Dr Louise Ross's study on dietary salt. Xinlu has just submitted a paper for publication on some of her work, pretty good for a PhD student. Next month we will be joined by Dr Matt James from Darent Valley Hospital for a couple of

weeks. Matt would like to learn some research technique and he'll be working on the cardio-renal project I told you about in October's *Renality*.

And me? What have I been up to? I've been writing a paper on some of our research. I've also been writing some grant applications to try and fund our research; I'm currently trying Diabetes UK and the Wellcome Trust. I have, at long last, managed to launch our new web site with much help from Steve Simper – www.swtirr.org.uk, – have a look and tell me what you think.

As usual I have been dealing with all your enquiries about our research. In fact I have it right here in front of me; a letter from Mrs Trellis of North Wales. "Dear Dr Duck Well, I wrote to you last

year about being a PRATT and you've done nothing about it. I think you're a bit of a quack."

Well Mrs Trellis and all other potential PRATTS, I can do nothing but apologise. I have not forgotten and I still want to set up a Patients' advisory group for our research. Actually, we didn't have many replies to my appeal – you obviously don't find me very appealing. But I was speaking to Sarah-Louise at Kidney Research UK and she has offered some help. So please be patient with me, I'm still working on it.

If you feel like joining Mrs Trellis and dropping me a line, I'd love to hear from you. In the meantime, remember...

**Funding = Research
Research = Cure!**

Dr Mark Dockrell

Volunteering

- Would like to help but have limited time?
- Would like to help but not sure how?
- Would like to know what opportunities there are?
- Would like to know more before committing?

Did you know that if only **1%** of the reader circulation of *Renality* volunteered and supported just one event a year, we could support up to **20** events a year which opens up new and increased possibilities of sponsorship to fund the lifesaving research being carried out?

Please contact us by email on info@kidneyfund.org.uk or phone us on 020 8296 3698

Would you like an **easy** way to make small **donations** to The Kidney Fund?

We have now been running a lottery for **501 weeks** and have paid out **£65,132.00** in prizes!!

This means almost **£71,000.00 being paid to The Kidney Fund** from your subscriptions and donations which is just an amazing amount that we couldn't have imagined when we started almost 10 years ago.

For as little as £1.00 per week you will be entered into our lottery as well as helping to increase those amounts every week – you aren't limited to only 1 entry per week, you can have as many entries as you want!!!

Due to various reasons we have also had several members who haven't renewed their subscriptions over the years and we'd love any of you that want to return to contact us and we'll gladly reinstate your membership.

Just complete the mandate on the back page or e-mail **lottery@kidneyfund.org** and we'll send you a mandate for completion.

Come and join or rejoin in the fun whilst contributing to a cause that's so dear to all of us and GOOD LUCK!

The winners since the last issue of *Renality* are:-

11/10/2019	101209	Banstead	£160.00
18/10/2019	101237	Camberley	£160.00
25/10/2019	101230	Tadworth	£159.00
01/11/2019	101070	Guildford	£158.50
08/11/2019	101194	Bracknell	£161.50
15/11/2019	101282	East Horsley	£161.00
22/11/2019	101029	Purley	£162.00
29/11/2019	101198	Tufnell Park	£164.00
06/12/2019	101318	New Malden	£163.50
13/12/2019	101165	Farnham	£164.50
20/12/2019	101024	Ascot	£164.00
27/12/2019	101295	Tilehurst	£164.00
03/01/2020	101326	Banstead	£164.00
10/01/2020	101045	West Molesey	£163.50
17/01/2020	101320	New Malden	£163.00
24/01/2020	101220	Selsdon	£162.50
31/01/2020	101139	Carshalton	£162.50

Obituary

Peter Simpson 13 November 1931 – 24 January 2020

It was with great sadness we learned of the passing of Peter Simpson.

Peter and his wife Margaret worked tirelessly for the patients of St Helier Hospital and were instrumental in raising the profile of the St Helier Renal Unit. In the 30 years we had known Peter he was chair of the St Helier KPA, the Kidney Fund Frimley Park and Guildford Branch and an Executive Committee member of the SW Thames Institute for Renal Research.

In 1990 Peter, Richard Sammons and Dr Michael Bending started

a campaign to raise funds for the building of a Research Institute at St Helier. The Institute was opened in November 1998 by Lord Rogers of Riverside.

In November 2002 he, with wife Margaret as editor, founded of *Renality*, initially sending out 1700 copies from their dining room! BUT, Dr Kwan wanted all patients to have the newsletter so “stuffing” moved to the Blue Room at St Helier and by 2011 the newsletter had developed from black and white to 20 full colour pages being sent to 6000 patients and staff.

Actively supporting Kidney Patients for over 20 years Peter and Margaret decided they should have some time together and stepped back. Unfortunately it wasn't to last long as Margaret passed away 27 February 2014 so in November 2015 Peter decided to move to Wales to be near his family.

Wonderful friends and great ambassadors for kidney patients are sadly missed. Together again – RIP.

Graham and Angie Morrow and family



Many of you may already know that Sarwat Ahmad, SWTIRR's dedicated administrator and The Kidney Fund's fundraiser has decided that it is time to move on. Sadly Sarwat will be leaving us at the end of February. Sarwat has been with us for a few short years but she has made a lasting impression.

“How lucky we are to have something that makes saying goodbye so hard.”

Winnie the Pooh

There's a quote from the bible that provided a title for a very funny play a couple of years ago, “*One Servant, Two Masters*”. The bible quote is actually “*No one can serve two masters*”; now imagine the two “masters” are Dr Bending and me! Scary! But Sarwat persevered, up-dating and reorganising the Institute's accounts system, organising

events and even making sure Mike's surprise party went off smoothly. Parting can be “a sweet sorrow”, and knowing that Sarwat is doing something she wants to do and won't be far away means, sad as it is to say goodbye we can be happy for her.

Good luck Sarwat and keep in touch.

St Helier and Surrey Kidney Patients Association

A message from your Chairman



I hope that you had an enjoyable Christmas and New Year and that you are looking forward to 2020.

2019 saw the opening of the new Dialysis units at St Helier and hopefully the new Mayday dialysis unit will be open by the Summer of 2020. Both projects have been beset by delays, so it will be great when they're both up and running.

Following re-election at the AGM in November, I have now started my fourteenth year as Chairman, not bad considering I said I'd take it on for 5 years or so! The Committee and I will continue to provide every possible support to our KPA members and the patients and staff at St Helier and its Satellites. A full list of your Committee members appears in this edition.

The KPA AGM was held on 12th November 2019 and was attended by a disappointing

total of only 12 people, 10 Committee Members/Renal unit staff and only 2 KPA members. Paul Connolly stood down as Vice Chairman and was replaced by Kevin Carter. All Committee Members were re-elected.

As there's no longer a KPA Christmas patient lunch at St Helier (as the numbers were falling year on year), we now sponsor local patient parties at St Helier and all 8 Satellites and this year we maintained the level of financial sponsorship for these individual parties to £4.00p per patient, we also gave every renal St Helier in-patient a Christmas card containing £10.00p. This sponsorship costs approximately £3,400.00p and a picture of one of St Helier's parties can be found later in this edition.

The Grand Christmas Draw took place at St Helier on Tuesday 10th December. Details of prize winners are published separately. The draw showed a surplus of

£1,230.00p which was around £130.00p up on the previous year. My sincere thanks go to everyone who purchased tickets despite the uncertain economic climate and the dreaded Brexit, to Jackie Moss for sorting and folding thousands of counterfoils and to Ghansham Patel and Jackie for recording and banking all those individual £5 cheques, notes and coins, a job I know they both loved doing!!!!

Golf Day

Following the success of our previous golf days we are holding another event playing the lovely Milford Golf Course in Surrey. The event will be held on Friday 19th June 2020. This is a lovely venue which will provide a great day of golf for players of all abilities, it would be great to get 72 players or more so if you're a golfer please book your place and bring a friend. A poster on the event is included within this edition.

Sutton United Football Club

St Helier & Surrey KPA have been selected as the *Charity of the Year* for Sutton United Football club for the 2019/20 season. It's been going great.

We've attended Sutton's golf day in March 2019 and are planning to enter a team in the 2020 event. We've also held a bucket rattle at the home game verses Leyton Orient, had various raffles, question and answer sessions and we were even chosen as the match day sponsor for the home match against Wrexham on 21st December, we even got to choose the *Man of the Match*, pictures of this can found on the next page in this edition.

We have also been able to present the *Man of the Match*

award for the corresponding away game held which was played on 14th September.

It's great of Sutton United to recognise our charity and I know lots of St Helier patients and staff have such a close affinity with the club so enormous thanks to their board for choosing us.

Other Matters

The KPA Committee is still looking for new members and patient representatives for Kingston, Purley, Epsom and Crawley.

The KPA has over 850 patient members so hopefully representatives from those 4 units would consider joining Committee to represent your fellow patients.

The present Committee has served for several years doing

an excellent job, but it would be lovely to have Committee members for every Satellite with fresh ideas, to enable us to continue to represent you, the patients. As much as we enjoy being on Committee we really do need new members to carry on.

Ideally, we would love to have some younger Committee Members to enable us to represent the entire age range of St Helier's patients.

The position isn't onerous; we meet once a month in the Blue Room within the Renal Unit at St Helier at 7.30 generally on the first Tuesday of the month. It isn't essential that a Committee member attends every meeting as a report can be sent by email, letter or even a phone call.

If you can help, please contact me on **01483 426276** or email daspensley@btinternet.com.

Finally, may I, on behalf of the Committee, wish you a happy and healthy 2020!

Best Wishes,

Dave Spensley,
Hon Chairman



*St Helier's Dialysis
Patients' Christmas Party*

Sutton United Man of the Match Awards

**Sutton United Vs Wrexham (Home Match)
Saturday 21st December 2019**



Pictured left to right: Kevin Carter (KPA), Dave Spensley (KPA), Omar Bugil (Sutton United – Man of the Match), Mike Sealey (KPA) and Paul Liddiard (Sutton United).

**Sutton United Vs Wrexham (Away Match)
Saturday 14th September 2019**



Pictured left to right: Same Party with Sutton United Player Jon Barden.

St Helier & Surrey KPA Christmas Draw

Following the Grand Christmas Draw at the Renal Unit, St Helier hospital on 10th December 2019, we are pleased to announce the winners were as follows:

	Winner	Total Prize Won
First Place	Ticket 01528 – Camberley	£500.00
Second Place	Ticket 14732 – Bordon	£200.00
Third Place	Ticket 00890 – Copthorne	£100.00
Fourth Place	Ticket 17847 – Dorking	£50.00
Fifth Place	Ticket 07058 – Addlestone	£50.00

The tickets were drawn by patients at St Helier. We would like to congratulate all of those people above and say a big thank you to all of you who once again, despite the current economic climate, purchased the draw tickets.





Annual golf Day

Friday 19th June 2020

Hosted By
ST HELIER & SURREY KIDNEY
PATIENTS ASSOCIATION

£50
A shot gun start
A single stableford competition
(full handicap)
Prizes for "Longest Drive" and "Nearest the Pin"
Bacon Roll on arrival
Three course sit down post golf meal
Auction & Raffle
Just contact daspensley@btinternet.com

**Milford
Golf Club**

www.facebook.com/SHSKPA
Charity Number 266391

KPA Memorial Donations

St Helier and Surrey KPA would like to thank all of those individuals who have donated in memory of:

- Joyce Raymond Day
- Martin Hall
- Ivy Parker

KPA Donations

St Helier and Surrey KPA would like to thank the following people for their much appreciated donations to either the KPA's general funds or the "No Place Like Home" appeal:

- Mr & Mrs P Steele
- Roger Mann
- Sutton United Football Club
- Mr and Mrs Rhodes

Sign up for a PDF - make sure you always get your copy of "Renality"!

Did you know... If your appointments at the Renal Unit drop to 2 or less per year, you will be removed from the '**RENALITY**' mailing list and will no longer receive the newsletter. You can receive a PDF of '**RENALITY**' by email - just email Graham.Morrow@kidneyfund.org.uk and he will add you to PDF distribution list.

Receiving a PDF will not stop you receiving the postal copy if you are on the mailing list. You can receive both, and share the PDF with family and friends.

However, if you are happy to receive your news online rather than receiving a copy through the post email anita@kidneyfund.org.uk and we will remove you from the mailing list.

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2019/2020

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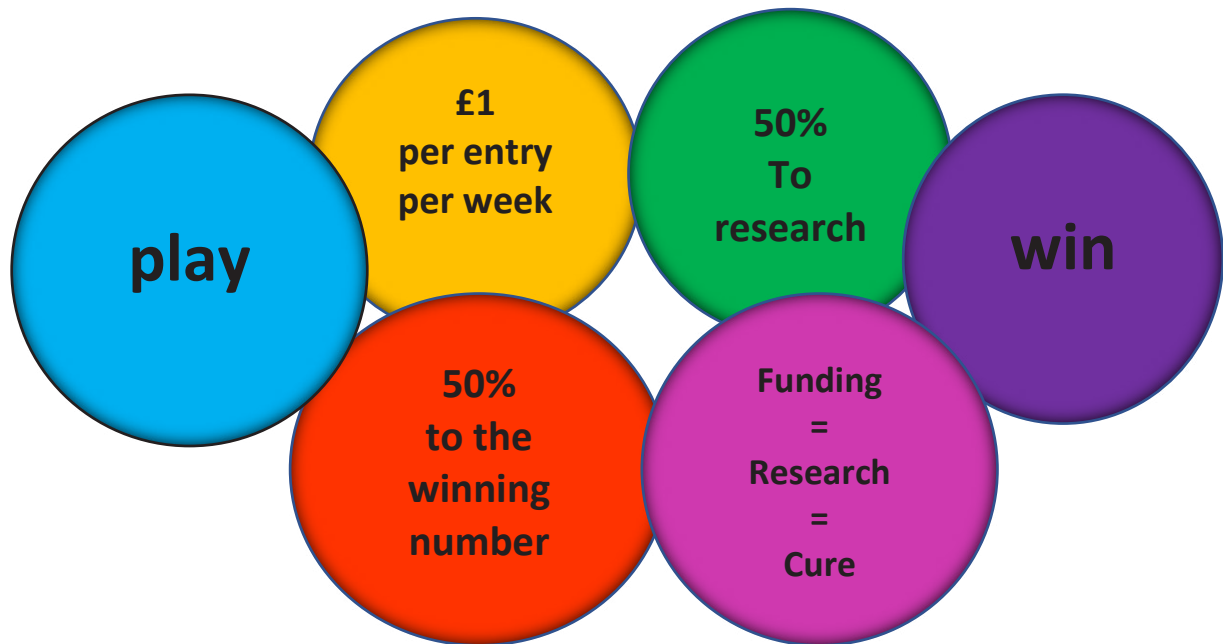
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PLAY OUR WEEKLY LOTTERY



To join the Lottery please complete the form below and return it to the address on the form.
Once received, we will contact you to let you know your unique number or numbers.

IMPORTANT please return to: The Lottery Office, c/o 10 Pelton Avenue, Belmont, Surrey, SM2 5NN

Title: _____ Initials: _____ Surname: _____
Address: _____
Post Code: _____ Home Phone: _____ Mobile: _____
Email: _____ add me to the Kidney Research Supporter Email Group _____
Please note that to save on postage we prefer to communicate by email or telephone. Please tick here ☐ if you require a letter

There are two ways to pay. Please choose ONE of the following:

OPTION ONE - Standing Order Mandate ☐

My Bank's Name: _____ Branch: _____ Post Code: _____
My Account No: _____ Sort Code: _____ Date of 1st Payment: _____
Name: _____ Signed: _____

Pay to: Kidney Fund Lottery Bank: CAF Bank Ltd, West Malling Account No: 00019588 Sort Code: 40-52-40

Monthly Payment:	_____ number of entries	@ £4.34 per month	=	£_____ & thereafter each month
Quartley Payment:	_____ number of entries	@ £13 per quarter	=	£_____ & thereafter each month
Half-Yearly Payment:	_____ number of entries	@ £26 per half-year	=	£_____ & thereafter each month
Annual Payment:	_____ number of entries	@ £52 per year	=	£_____ & thereafter each month

OPTION TWO – Cheque Payment ☐

I wish to buy _____ entry(s) each week for _____ 13 weeks, _____ 26 weeks, _____ 52 weeks and remit a cheque for £_____ (each entry costs £1 per week). Please make cheques payable to: The Kidney Fund Lottery & return to the address on the form.

If you have any questions or would like more information, please call 020 8296 3698 or email: lottery@kidneyfund.org.uk
South West Thames Kidney Fund: Registered charity number: 800952